

EXERCISE

2023.09.1

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The handwriting practice sheet consists of 10 sets of three-line guides. Each set has a top solid line, a middle dashed line, and a bottom solid line. The exercises are as follows:

- Set 1: Red circles on the top line at positions 1, 3, 5, 7. Blue dots on the middle dashed line at positions 2, 4, 6, 8.
- Set 2: Red circles on the top line at positions 1, 3, 5, 7. Blue dots on the middle dashed line at positions 2, 4, 6, 8.
- Set 3: Red circles on the top line at positions 2, 4, 6, 8. Blue dots on the middle dashed line at positions 1, 3, 5, 7.
- Set 4: Red circles on the top line at positions 1, 3, 5, 7. Blue dots on the middle dashed line at positions 2, 4, 6, 8.
- Set 5: Red circles on the top line at positions 1, 2, 5, 6. Blue dots on the middle dashed line at positions 3, 4, 7, 8.
- Set 6: Red circles on the top line at positions 1, 3, 5, 7. Blue dots on the middle dashed line at positions 2, 4, 6, 8.
- Set 7: Red circles on the top line at positions 3, 4, 7, 8. Blue dots on the middle dashed line at positions 1, 2, 5, 6.
- Set 8: Red circles on the top line at positions 1, 3, 5, 7. Blue dots on the middle dashed line at positions 2, 4, 6, 8.
- Set 9: Red circles on the top line at positions 1, 3, 5, 7. Blue dots on the middle dashed line at positions 2, 4, 6, 8.
- Set 10: Red circles on the top line at positions 1, 3, 5, 7. Blue dots on the middle dashed line at positions 2, 4, 6, 8.

Repeat each exercise 20 times