

# EXERCISE 2022.11.1

*by Stefan Baldauf*

The handwriting practice sheet contains five sets of exercises, each consisting of two rows of letters 'L' on a horizontal line. Vertical gray bars mark the starting positions for each letter.

- Set 1:** Top row: L L L L L L L L. Bottom row: L L L L L.
- Set 2:** Top row: L L L L L. Bottom row: L L L L.
- Set 3:** Top row: L L L L L. Bottom row: L L L L.
- Set 4:** Top row: L L L L L L L. Bottom row: L L L L.
- Set 5:** Top row: L L L L L L L L L L L L L L L L. Bottom row: L L L L.

Repeat each exercise 20 times

# EXERCISE 2022.11.2

*by Stefan Baldauf*

L	L	L	L	L	L	L	L
R		R		R		R	
L		L		L		L	

L		L		L		L	
	R		R		R		R
L		L		L		L	

	L		L		L		L
R	R	R	R	R	R	R	R
L		L		L		L	

L	L	L	L	L	L	L	L	L	L	L	L	L	L
	R	R		R	R		R	R		R	R		R
L			L			L			L			L	

Repeat each exercise 20 times

# EXERCISE 2022.11.3

*by Stefan Baldauf*

R L R L R L R L  
L L L L L L L L

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L L L L L L L L

L R L R L R L R  
L L L L L L L L

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L L L L L L L L

R R R R R R R R  
L L L L L L L L

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L L L L L L L L

L R R L R R L R R L R R  
L L L L L L L L L L L L L L

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L L L L L L L L

Repeat each exercise 20 times

# EXERCISE 2022.11.4

*by Stefan Baldauf*

R		R		R		R			
L	L	L	L	L	L	L	L		
<hr/>									
L	R	L	R	L	R	L	R		
	R		R		R		R		
L		L		L		L			
<hr/>									
R		R		R		R			
L	L	L	L	L	L	L	L		
<hr/>									
R	R	R	R	R	R	R	R		
	L		L		L		L		
<hr/>									
L	R	R	L	R	R	L	R	R	
	R	R		R	R		R	R	
L	L	L	L	L	L	L	L	L	L
<hr/>									
R		R		R		R			
L		L		L		L			

Repeat each exercise 20 times